

AUGUST 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31 L: Chicken wraps D: Potato bar	1 L: Skirt steak Tacos D: Pork Tenderloin	2 L: Shrimp Alfredo D: Lime Cilantro Chicken	3 L: Meatloaf D: SGA Pizza	4 L: Gyros D: Wings	5 D: Beef tips w/ rice
6 D: Soup and sliders	7 L: Salisbury Steak D: Creamy cajun pasta	8 L: Baked ham D: Enchiladas	9 L: Beef stroganoff D: Orange Chicken	10 L: Lasagna D: Chicken and beef salad bowls	11 L: Cajun Chicken D: French dips	12 D: Buffalo chicken pasta
13 D: Baked fish	14 L: Potato Bar D: Pulled pork	15 L: Curry D: Beef Lo Mein	16 L: Jamacian Jerk D: Roasted Chicken	17 L: Burrito Bowl D: Chicken fried steak	18 L: Shrimp Boil D: Italian Pasta	19 D: Chicken Dumplings
20 D: Baked Ziti	21 L: Red beans and rice D: Stromboli	22 L: Spaghetti D: Blackened Chicken	23 L: Pesto Chicken Pasta D: Rancheros	24 L: Beef roast pot D: Shake n' bake pork chops	25 L: Creamy spinach chicken rice D: Sloppy Joes	26 D: Spicy Garlic with rice
27 D: Beef pot pie	28 L: Cashew Chicken D: Chili	29 L: Taco bar D: Blackened fish	30 L: Shrimp Scampi D: Chicken Oscar	31 L: Gnocchi D: Greek tortellini		