University of Arkansas
Join the Tradition

UA Rich Mountain
Assessing Student Learning
Course Outcomes Report
Gwena Hooper
Fall 2022

1. Purpose

The Course Outcomes Report supplies information each semester regarding student learning on the course level. This report must be submitted to your division chair by the last day of the semester. Data from this report will be integrated into the annual Program Review. The Strategic Goals aligned with this report are Strategic Goal Three: Provide High Quality Education and Strategic Goal Four: Continuous Quality Improvement.

2. Course Details

Course Name: General Psychology Course #: 203

3. Assessed Outcome

Course Outcome: Demonstrate your knowledge of the principal findings and theories in general psychology.

Related Program Outcome: Understanding of basic principles and their application in the field of sciences.

Related GELO category (choose one):

- ☒ Thinking critically
- ☐ Communicating effectively
- ☐ Using technology
- ☐ Conducting relevant research

4. Evidence of Student Learning

Describe the classroom activity/tools related to the **course** objective (project, discussion, essay, quiz, etc.): Pre-tests were administered to students the first day of class. The same test was administered again as a post-test the last day of class.

5. Course Data

Number of students in your course(s) who met the course objective:

Total number of students in your course section(s): 18

Percent (%) of students achieving this course objective:

6. Response to Data

Will you change how you teach as a result of this assessment?

- ☐ Change(s) needed.
- ☒ No change(s) needed. All students did significantly better on the post-test.

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General Psychology Pre-Test – Fall 2022

1. Cheryl wants to find out if stretching before exercise *causes* people to have less injury during exercise. The best way to answer this question would be to use B.
   a. a survey
   b. naturalistic observation
   c. an experiment
   d. a correlational procedure

2. Karla has been studying variables that influence healthful living. She found that the more a person exercises the fewer colds they get. This is most clearly an example of a/an d
   a. negative correlation.
   b. positive correlation.
   c. Experiment.
   d. high correlation.

3. Studies on similarity and attraction have found that B.
   a. The more similar two people are, the more relationship satisfaction they report
   b. Similarity appears to be unrelated to attraction
   c. Opposites attract
   d. The more similar two people are, the weaker the attraction, because of boredom

4. The most important situational variable in helping behavior is the …..
   a. weather
   b. time of day
   c. amount of people present
   d. ambiguity of the situation

5. Material is *best* transferred from short-term memory to long-term memory through b.
   a. deep processing
   b. maintenance rehearsal
   c. chunking
   d. shallow processing

6. Without rehearsal short term memory will last *up to* b seconds.
   a. 9
   b. 30
   c. 45
   d. 60

7. The nervous system is composed of two major parts: a
   a. the central nervous system and the peripheral nervous system
   b. the afferent nervous system and the efferent nervous system
   c. the sympathetic nervous system and the parasympathetic nervous system
   d. the brain and the spinal cord

8. The part of the brain most people think of when they talk about the brain is the:
   a. cerebral cortex
   b. hippocampus
   c. medulla
   d. cerebellum

9. Which of the following people is likely to have the BEST sense of smell?
   a. A 17-year-old female
   b. A 23-year-old male
   c. A 32-year-old female
   d. A 57-year-old male

10. Which gland is stimulated by light and regulates the sleep cycle and activity levels throughout the day?
   a. pituitary
   b. pineal
   c. adrenal
   d. thyroid

11. Which stage of sleep is most strongly associated with dreaming?
   a. Stage 2
   b. REM
   c. Stage 4
   d. Stage 1

12. Sleep walking/talking most likely occurs during __d__ sleep.
   a. stage 1
   b. stage 4
   c. REM
   d. Stage 2

13. According to recent research, unmarried adults who live together in a sexual relationship before marriage are less likely to get divorced than those who don't live together before marriage.
   a. True
   b. False

14. Diane is attracted to her boss, but is embarrassed about feeling this way. She tells her friends that her boss is making advances towards her. Diane is exhibiting a defense mechanism known as __b__
   a. regression
   b. projection
   c. displacement
   d. reaction formation

15. Which of the following personality descriptions is associated with the personality trait referred to as conscientiousness?
    a. A quiet, shy, reclusive person
    b. A person who exercises leadership
    c. A good natured and cooperative person
    d. A person who is dependable and responsible

16. Depression is _____ as common in women than in men.
    a. one-third to one-half
    b. just
    c. twice
    d. four to five times

17. Schizophrenia is a(n) _____ disorder.
    a. anxiety
    b. dissociative
    c. personality
    d. psychotic

18. A disorder in which people are sometimes inappropriately excited, hyperactive, with unlimited hopes and dreams, and are sometimes aggressive, hostile, and violent is
    a. major depression
    b. paranoid personality disorder
    c. mania
    d. obsessive compulsive disorder

19. Each of the following is true of recovered memories **EXCEPT** _
    a. there is no evidence that any of them are memories of actual events
    b. psychotherapists may shape people's recollections of early childhood memories
    c. overzealous therapists may unwittingly create false memories by leading patients to vividly imagine incidents that never happened
    d. recovered memories are not, in themselves sufficiently trustworthy to justify criminal convictions.

20. A student who studies for an exam while mildly anxious is most likely to remember the material in the exam room if she is also mildly anxious. This is MOST likely due to:
    a. the primacy effect
    b. context/cue dependent memory
    c. the recency effect
    d. state-dependent memory

21. _____ disorders are marked by disordered communication and thoughts, inappropriate emotions and bizarre behaviors
    a. anxiety
    b. dissociative
    c. personality
    d. schizophrenic
22. The unconscious is best defined as _____.
    a. ideas, thoughts, and feelings of which we are fully aware
    b. ideas, thoughts, and feelings we can recall from memory
    c. ideas, thoughts, and feelings of which we are not aware of
    d. none of the above

23. A child who is extremely angry at her father hits her little brother instead. This is most likely an example of _____.
    a. regression
    b. projection
    c. displacement
    d. reaction formation

24. Tom's behavior is marked by impulsive and self-destructive behavior. He is uncomfortable being alone and engages in drug use and promiscuous behavior; he threatens suicide when things don't go his way. Tom's behavior is typical of someone suffering from _____ personality disorder.
    a. borderline
    b. dependent
    c. antisocial
    d. narcissistic

25. Which disorder is influenced the most by genetics (which one is the most biological)?
    a. obsessive-compulsive disorder
    b. schizophrenia
    c. depression
    d. bipolar

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General Psychology Post-Test – Fall 2022

1. Cheryl wants to find out if stretching before exercise *causes* people to have less injury during exercise. The best way to answer this question would be to use _c_.
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3. Studies on similarity and attraction have found that _a_.
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