Spring 2023 Syllabus - Abnormal Psychology - PSY 223-Lec IN01 (Online)

Prerequisites: General Psychology

Instructor: Gwena Lovett Hooper

Education: *A.A. Psychology, John A Logan Community College, Carterville Illinois - 2000*

B.A., Psychology, Southern Illinois University, Carbondale Illinois – 2002

M.A., Applied Psychology, Southern Illinois University, Carbondale Illinois – 2004

Teaching experience: *Southern Illinois University – 2003-2004*

University of Arkansas Rich Mountain – 2004 - present

Contact Information:

Email: *ghooper@uarichmountain.edu*

Office*:* Room 209 in the learning center/library. I will be on campus Tuesdays and

Thursdays (I have class at 9:30 and 12:30 on Tuesday and 9:30 on Thursday) and some Mondays and Wednesdays.

(Preferred Office hours: Tuesday 2:00 – 3:30 and Thursday 11:00 -12:00) We can also make an appointment to meet if needed. You can email or call/text me at 479-216-0711, especially if you need a quick response. Please leave a message if there is no answer and include your name and class you are in.

UA Rich Mountain Office Phone Number *– 479-394-7622 Ext. 1333*

Required Textbook: Lyons & Martin. (2014). *Abnormal Psychology Clinical and Scientific Perspectives* (*5th edition).* BVT Publishing.

(Please pick up the textbook at the bookstore located in the student center).

Course Description: This course is designed as an advanced introduction to Abnormal Psychology—the study of psychological problems, dysfunction, and disorder. It will be particularly valuable for those students planning to enter human service careers. Yet, most of us will encounter psychological problems during our life—in ourselves, loved ones, family, or co-workers—so the course should prove valuable to anyone seeking to understand and cope with such problems.

Program Outcomes: *The general education curriculum provides the means by which* students will increase their:

- (1) writing, reading, speaking, and listening skills,
- (2) utilizing their analytical and occupational skills to solve real-life problems,
- (3) understanding of different cultures and societies across the globe and how both have changed over time,
- (4) understanding of basic principles and their application in the field of science,
- (5) technological and research skills.

Rationale: An education in abnormal psychology should enable the student to think critically about moral and ethical issues in relationship to individuals within a society. It should also enhance people skills and enable one to have healthier relationships, as well as improving the students' understanding of research and how it applies to individuals and the society in general.

Course Objectives: Upon completion of the course, you should:

- Be familiar with the principal viewpoints or perspectives on psychological problems.
- Be familiar with research methods, particularly their application with respect to diagnostic systems (specifically the DSM-5), as well as the assessment and etiology of psychological problems.
- Be familiar with the full range of psychological problems.
- Be able to recognize major types of problems, to identify key features, and to predict the course of the problem.
- Recognize the ongoing contribution of empirical research to our understanding of the nature, treatment, and management of psychological problems.

Course Outline:

Units/Exams	Text Chapters	Chapter/*Section* Titles
1	Chapter 1	Introduction
	Chapter 2	Historical Perspectives
	Chapter 3	Contemporary Frameworks
	Chapter 4	Classification, Diagnosis, and Assessment
2	Chapter 5	Stress and Trauma-Related Disorders
	Chapter 6	Anxiety and Obsessive-Compulsive Disorders
	Chapter 14	Eating Disorders
3	Chapter 7	Somatic Symptom and Dissociative Disorders
	Chapter 9	Sexual and Gender Disorders
4	Chapter 8	Personality Disorders
	Chapter 10	Schizophrenia and Psychotic Disorders
FINAL	Chapter 11	Mood Disorders and Suicide
	Chapter 13	Neurodevelopmental and Disruptive Disorders
	Chapter 15 (If time allows)	Neurocognitive Disorders

Course Conduct:

This class is taught strictly online. You will need to carefully study textbook chapters and power point slides. You will also need to explore various web links, watch brief online videos, participate in online discussions, complete exams and other assignments as required to pass the course. If you are having extreme difficulty, please make an appointment with me to discuss it.

Self-discipline, attention to detail, and skills in reading and writing are critical for succeeding in an online class.

Computer Skills: Online courses require adequate computer skills. You should be able to navigate websites, open and download files, use a word processor, be able to convert files into rich text format, and submit files on Blackboard. It is the student's responsibility to meet the technological demands of the course. **You must complete all written work using Microsoft Word.**

Student email: Student email accounts are available through the UA Rich Mountain Intranet. If you have difficulties setting up your student email, contact Student Support Services. You may access your account from any computer. Even if you have another email account, part of your first assignment is to set up your student email account; additionally**, your UA Rich Mountain student account is the email account that I will use to communicate with you so check it regularly.**

I will post any new class information during the semester under "Announcements".

Attendance Policy: It is the student's responsibility to contact the instructor if they will not be able to complete assignments. A student who is displaying symptoms of illness must email: contact.tracint@uarichmountain.edu to determine next steps for an excused absence related to COVID or flu. Contacting an instructor DOES NOT start this process or guarantee an excused absence.

The instructor will be responsible for assigning your final grade. Therefore, if you need to drop the course for any reason, please go through the official procedure as stated in the UA Rich Mountain catalog. **Do not just stop participating in class because an official withdrawal is noted by a "W" instead of "F" on your transcript (last day to drop and receive a W is May 5)**.

UA Rich Mountain Credit Hour: Your commitment will require at least as much time as you would dedicate to a traditional class. A typical three credit hour class will require about **nine hours per week** of course related work for 16-week courses.

Course Requirements: At least 4 unit exams and a final exam, worth 50 points each, study guides worth 10 points each. A semester project worth 50 points (A detailed description is on Blackboard). Other small assignments will be given periodically and will account for homework points.

Grading and Evaluation: Your final grade will be based on points earned through unit exams, a final exam, study guides, homework points, and your semester project. Exams account for approx**. 55%** of your grade, study guides and homework account for approx**. 35%** of your grade, and the semester project accounts for approx. **10%** of your grade. **All students must take the final exam to pass the class.**

Grades are assigned based on a standard percentage scale:

90 – 100	A
80 – 90	B
70 – 80	C
60 – 70	D
0 – 59	F

You will be able to view your exam/quiz grade once the exam/quiz is closed.

(FYI: To figure your grade percentage at any time, you can divide the total amount of points earned thus far by how many points are possible on your completed assignments.)

Section Quizzes/Exams: This course is organized around five topics with a total of at least thirteen chapters. Some of the topics will have a quiz and/or assignments in addition to, an exam. Exams will mostly consist of multiple-choice and true/false items based on that topic's lectures, reading assignments, and/or activities. They will be available online during the time period when the topic is presented. **The exams and quizzes will be timed and may be opened only once**. **This means that once you open/start the quiz, you will have to complete it in one sitting during the time allotted.** You will be free to use your book or notes during the exam but will **not have time** to search for answers to all the questions. **You should prepare for these exams as you would for a similar exam in the classroom.** You also are expected to follow the student code of conduct as outlined in this syllabus.

Late Work - I will accept late work, within **two weeks** of due date, but may deduct points. It is always in your best interest to complete the homework on time as it should help you to do better on the exams.

STUDY TIPS: I recommend reading and highlighting the book and slides (see instructions for printing power point slides as handouts). Study and learn as much as possible as you would for an in-class exam. I also highly recommend taking the short quizzes at the end of each chapter in your textbook. **There are additional study tips on the class page.**

Class Discussion: Some sections will have a discussion based on a question presented by the instructor. You will receive a maximum of 15 points for postings and responses to other people's postings (reduced credit for superficial postings and responses). You will want to read the Discussion Board Guidelines and Grading Rubric before posting. If you have an idea for a discussion question, please email it to me for review. (There may not be many discussions since there are only two of you).

Available Tutoring: You may obtain tutoring from student support services. Additionally, the university has made available 5 hours of free tutoring on tutor.com for every student. At tutor.com you can access a live chat 24/7. A student email is required to log in.

Academic Policy & Student Code of Conduct: I encourage you to watch the power point posted on the class page and familiarize yourself with UA Rich Mountain's policies regarding academic dishonesty. These policies are found in the UA Rich Mountain Catalog/Student Handbook under **Code of Student Conduct > Prohibited Conduct > Dishonesty.**

I have two additional requirements. **First,** you must do your own work. All papers, quizzes, and exams must be completed by you without assistance beyond what is specifically authorized by me. I expect each student to do his/her own work on assignments and exams. Cheating on an assignment or test will result in a zero (0) for that work. Additionally, all instances of cheating/plagiarism will be reported to the Vice-President for Student Affairs. **Second,** be respectful of your fellow students. Be kind and considerate in all your postings and responses to the discussion forum.

Student Misconduct: Students committing misconduct are subject to disciplinary sanction(s) and or restrictions. Misconduct or prohibited behavior includes, but is not limited to endangerment, harassment, disruption, sexual misconduct, dishonesty, illegal drugs and/or alcohol, fire or safety issues, gambling, property violations, computer violations or other violations as listed in detail in the catalog UA Rich Mountain.

Title IX and Discrimination Policy: UA Rich Mountain adheres to a policy that enables all individuals, regardless of race, color, gender, national origin, age, religion, sexual orientation, veteran's status, or disability, to work and study in an environment unfettered by discriminatory behavior or acts. Harassment of an individual or group will not be condoned, and any person (student, faculty, or staff member) who violates this policy will be subject to disciplinary action.

Harassment that is considered discriminatory includes actions or conduct (verbal, graphic, gestural, or written) directed against any person or group with the intent to demean or create a hostile or threatening environment. It is not the intent of this policy to infringe upon or limit educational, scholarly, or artistic expression. Any person who believes he or she has been discriminated against should contact the Title IX Coordinator to obtain assistance and information concerning the filing of a complaint.

See Something … Hear Something … Say Something

Suspicious behavior should be reported to the deputy sheriff at (479) 394-6811 OR through an anonymous email link found on UA Rich Mountain webpage, bottom left-hand corner. The deputy's office is in the Spencer Building across from the learning center/library.

Students with Disabilities: It is the policy of UA Rich Mountain to accommodate students with disabilities, pursuant to federal law, state law, and the college's commitment to equal educational opportunities. Any student with a disability who needs accommodation should inform the Vice President for Student Affairs at 479-394-7622 ext. 1400. The student and the Vice President for Student Affairs will contact the faculty member as to the accommodations needed for the course.

Arkansas Clean Air Act: Effective August 1, 2010, and in compliance with the Arkansas Clean Air on Campus Act 8, U of A Rich Mountain is a smoke and tobacco free facility. Students and guests are to refrain from using all tobacco products while on campus.

Face Mask Policy: Students are encouraged but not required to wear face masks in class and public spaces.

University of Arkansas Rich Mountain Mission: UA Rich Mountain provides transformative education to all learners.

Crime Statistics Link: http://www.uarichmountain.edu/at-a-glance/disclosures

****I reserve the right to change this syllabus at any time with reasonable notice.**