Psychology 223 Syllabus
Spring 2022
(Please keep this syllabus for the entire semester as it should answer questions you may have during the semester)

Course: Abnormal Psychology
Lecture: Tuesday/Thursday 12:30-1:45 Room M154
Prerequisite: General Psychology

Instructor: Gwena Lovett Hooper
A.A., Psychology, John A Logan Community College - 2000
B.A., Psychology, Southern Illinois University – 2002
M.A., Applied Psychology, Southern Illinois University – 2004
Teaching experience: Southern Illinois University – 2003-2004
University of Arkansas Rich Mountain – 2004-present

Contact Info: **Email: ghooper@uarichmountain.edu**

Office: Room 209 in the learning center/library. I will be on campus *Tuesdays and Thursdays (I have another class at 9:30) and some Mondays and Wednesdays. (Preferred Office hours: Tuesday/Thursday 2:00 – 3:30) We can also make an appointment to meet if needed.* You can email or call/**text** me at **479-216-0711, especially if you need a quick response.** Please leave a message if there is no answer and include your name and class you are in.

UA Rich Mountain Office Phone Number – *479-394-7622 Ext. 1333*

Required Textbook: Lyons & Martin. (2014). *Abnormal Psychology Clinical and Scientific Perspectives* (*5th edition).* BVT Publishing.

Course Description: This course is designed as an advanced introduction to Abnormal Psychology—the study of psychological problems, dysfunction, and disorder. It will be particularly valuable for those students planning to enter human service careers. Yet, most of us will encounter psychological problems during our life—in ourselves, loved ones, family, or co-workers—so the course should prove valuable to anyone seeking to understand and cope with such problems.

Program Outcomes: *The general education curriculum provides how* students will increase their:

(1) writing, reading, speaking, and listening skills,

(2) analytical skills to solve real-life problems,

(3) understanding of different cultures and societies across the globe and how both have changed over time,

(4) technological and research skills

(5) understanding of basic principles and their application in the field of biological sciences.

Rationale: An education in abnormal psychology should enable the student to think critically about moral and ethical issues in relationship to individuals within a society. It should also enhance people skills and enable one to have healthier relationships, as well as improving the students' understanding of research and how it applies to individuals and the society in general.

Course Objectives: Upon completion of the course, you should:

- Be familiar with the principal viewpoints or perspectives on psychological problems.
- Be familiar with research methods, particularly their application with respect to diagnostic systems (specifically the DSM-5), as well as the assessment and etiology of psychological problems.
- Be familiar with the full range of psychological problems.
- Be able to recognize major types of problems, to identify key features, and to predict the course of the problem.
- Recognize the ongoing contribution of empirical research to our understanding of the nature, treatment, and management of psychological problems.

Course Outline:

Units/Exams	Text Chapters	Chapter/*Section* Titles
1	Chapter 1	Introduction
	Chapter 2	Historical Perspectives
	Chapter 3	Contemporary Frameworks
	Chapter 4	Classification, Diagnosis, and Assessment
2	Chapter 5	Stress and Trauma-Related Disorders
	Chapter 6	Anxiety and Obsessive-Compulsive Disorders
	Chapter 14	Eating Disorders
3	Chapter 7	Somatic Symptom and Dissociative Disorders
	Chapter 9	Sexual and Gender Disorders
4	Chapter 8	Personality Disorders
	Chapter 10	Schizophrenia and Psychotic Disorders
FINAL	Chapter 11	Mood Disorders and Suicide
	Chapter 13	Neurodevelopmental and Disruptive Disorders
	Chapter 15 (If time allows)	Neurocognitive Disorders

Course Conduct: Presentation of material will include power point lectures and videos, as well as group interaction and discussion (60%-70% lectures and videos, 30%-40% discussion). Student participation is strongly encouraged but cannot become disruptive to other students or the instructor. I will be distributing notes for each chapter, so you need a **three-ring binder** to keep them in; you need **paper and pen/pencil** for taking notes and quizzes, and a **#2 pencil** for taking exams. You also need to **purchase 5 scantrons from the bookstore**. *Be sure and keep all notes, homework, and study guides*.

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Credit Hour	**For every course credit hour**, the *typical* student should expect to spend at least three clock hours per week of concentrated attention on course-related work. This should include time attending class, as well as out-of-class time spent reading, reviewing, organizing notes, preparing for upcoming quizzes/exams, problem solving, developing, and completing projects, and other activities that enhance learning. **Thus, for a three-hour course, a typical student should expect to spend at least nine hours per week dedicated to the course.**
Course Requirements:	At least 4 unit exams and a final exam, worth 50 points each, study guides worth 10 points each, at least 6 unannounced short quizzes worth 10 points each. A semester project worth 50 points (A detailed description is on Blackboard). Other small assignments will be given periodically and will account for homework or class participation points.
Grading and Evaluation:	Your final grade will be based on points earned through unit exams, quizzes, a final exam, study guides, homework, participation, and your semester project. Exams account for approx**. 55%** of your grade, study guides, homework, quizzes, and participation points together account for approx**. 35%** of your grade, and the semester project accounts for approx. **10%** of your grade. **All students must take the final exam to pass the class.** Grades are assigned based on a standard percentage scale: 90 – 100 A 80 – 90 B 70 – 80 C 60 – 70 D 0 – 59 F
Attendance Requirements:	Regular and punctual attendance is expected. **It is the student's responsibility to contact the instructor if he/she will not be present for class.** Attendance will be taken at the beginning of each class. As your instructor, I will be responsible for assigning your final grade. Therefore, if you need to drop the course for any reason, please go through the official procedure as stated in the UA Rich Mountain catalog. Do not just stop attending class because an official withdrawal is noted by a "W" instead of "F" on your transcript. For security reasons, the classroom door will be shut and locked at 12:35 so try to be on time.
Rescheduling exams:	If you miss an exam, the next exam you take will count double (you will receive that grade for 2 exams). If you miss a second exam, it will need to be made up within one week or receive a 0. **Quizzes are worth 10 points each and are given as an <u>attendance grade</u>; therefore, they cannot be made up** (except in the event of an excused absence due to COVID or a ballgame for student athletes)**.**

Note:	For student athletes: If an exam is missed due to a ballgame, you can schedule a time to make it up with Charlotte.
Late Homework**:**	In the event of an absence, I will accept late study guides and homework within one week of due date, but I will deduct points from homework**. It is always in your best interest to complete the homework and study guides on time as it should help you to do better on the exams.**
Note:	*It is the student's responsibility to attain the notes and complete any missed assignments in the event of a necessary absence.* (I will not contact you about missed work). However, you may text/email me if you have any questions or to find out what you missed. *Missing the class before exam day is not a good enough reason to be excluded from taking the exam.* **You need to activate your UA Rich Mountain student email account and learn how to access Blackboard. Your UA Rich Mountain email account is how I will communicate with you.** *If you have difficulties setting up your student email, contact Student Support Services.*
To access Blackboard:	Go to the UA Rich Mountain webpage. Once you have signed in to Blackboard, click on **"courses"** to the left of the page and choose Abnormal Psychology. The course is designed around several topics. To access all the resources, click to the right of the topic name. Everything you need (an overview of the topic, power point presentations, videos, etc.) should open and be available.
Available Tutoring	You may obtain tutoring from student support services. Additionally, the university has made available 5 hours of free tutoring on tutor.com for every student. At tutor.com you can access a live chat 24/7. A student email is required to log in.
Academic Dishonesty	I encourage you to familiarize yourself with UA Rich Mountain's policies regarding academic dishonesty. These policies are found in the UA Rich Mountain Catalog/Student Handbook under **Code of Student Conduct > Prohibited Conduct > Dishonesty.** I have two additional requirements. **First,** you must do your own work. All papers, quizzes, and exams must be completed by you without assistance beyond what is specifically authorized by me. I expect each student to do his/her own work on assignments and exams. Cheating on an exam, or plagiarism on a paper will result in a zero (0) for that work. Additionally, all instances of cheating/plagiarism will be reported to the Vice-President for Student Affairs. **Second,** be respectful of your fellow students in class. Be kind and considerate during discussions.

Classroom Conduct:	I expect your full attention during lectures, please do not carry on conversations with your classmates or read material that is not related to class (including looking at your phone); you will be asked to leave class or change seats after one warning.
Cell Phone Policy	Please turn your cell phone off or to a non-sound mode during class and **keep it out of sight**. There will be no texting, phone conversations, or earphones allowed, and no pictures/videos taken without my permission.
Disability Policy:	It is the policy of UA Rich Mountain to accommodate students with disabilities, pursuant to state and federal law. Any student accommodations (e.g., in seating, placement, examinations, access to information on the web) should contact the Vice President for Student Affairs at 394-7622 ext. 1400.
Arkansas Clean Air Act:	Effective August 1, 2010, and in compliance with the Arkansas Clean Air on Campus Act 8, U of A Rich Mountain is a smoke and tobacco free facility. Students and guests are to refrain from using all tobacco products while on campus.
Student Misconduct:	Students committing misconduct are subject to disciplinary sanction(s) and or restrictions. Misconduct or prohibited behavior includes, but is not limited to endangerment, harassment, disruption, sexual misconduct, dishonesty, illegal drugs and/or alcohol, fire or safety issues, gambling, property violations, computer violations or other violations as listed in detail in the UA Rich Mountain catalog. Suspicious behavior should be reported to the Deputy Sheriff at (479)394-6811 OR through an anonymous email link found on UA Rich Mountain webpage, bottom right-hand corner. The Deputy Sheriff's office is in the Spencer Building across from the library
Face Mask Policy:	As per the direction of the University of Arkansas Board of Trustees, all students are required to wear a proper face covering that completely covers the nose and mouth while on campus and in class. Masks with holes or masks that do not completely cover nose and mouth are not acceptable. Any student who does not have a proper mask will leave class and be referred to the Vice Chancellor for Student Affairs for possible disciplinary action. **Food and drinks, including water are not allowed in the classroom at any time during a mask mandate.**
Mission:	The University of Arkansas Rich Mountain provides transformative education to all learners.

I reserve the right to change this syllabus at any time with reasonable notice