HPR 181
**Recreational Activity**
Spring 2021

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| **Class Time and Location**: | Thursday 3:30 PM – 5:30 PM Classroom S251 |
| **Instructor Name:** | Mr. James Rackley |
| **Office Location:** | No office**,** by appt. we can meet on campus |
| **E-mail:** | jrackley@uarichmountain.edu or jrack@att.net |
| **Office Hours:** | NA |
| **Office Phone:** | Cell 479-243-6442 or |
| **Other contact number:** | 479-394-7622, leave a message |
| **Prerequisites:** | None |
| **Course Description:** | This course offers instruction in the fundamental techniques of recreational activities such as angling, backpacking, etc. |
| **Program Outcomes**: | The purpose of this class is to introduce students to angling, backpacking, and camping. Students will be introduced to a variety of basic skills, concepts and aspects of angling, backpacking, and camping. After these skills, concepts and aspects are introduced and practiced, the students will learn how to apply them in practical learning activities on field trips. |
| **Rationale:** | Angling, backpacking and camping combine physical and mental skills that will serve the students well throughout their lives. Angling, backpacking, and camping are lifetime outdoor sports that are enjoyed by many participants around the world. These skills give a person independence and provide a foundation for safe participation in other outdoor activities. There is always an enjoyment of just being in the great outdoors. Angling, backpacking and camping are true lifetime sports for people of all fitness levels. The course will include scheduled field trips. Participation is a factor that will be stressed in this class |
| **Resources Textbooks:** | none required |

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**Course Objectives:** After completing this class, the student will:

- Apply skills and safety procedures, practice sportsmanship and teamwork.
- Demonstrate basic casting skills.
- Know basic laws of fishing in the state of Arkansas.
- Identify common fish species.
- Identify basic artificial baits.

- Identify and develop fundamental physical skills for hiking and progress to complex movement activities as physically able.
- Develop the personal skills necessary to comfortably and enjoyably demonstrate the activities of angling, backpacking, and camping.
- Understand and demonstrate the skills, strategy, and safety of each activity.
- Demonstrate the ability to analyze the fundamental skills required for angling, backpacking, and camping.
- Acquire skills to move safely through the woods.
- Recognize patterns of growth and development.

**Topical Outline/Course Schedule:**
**First week: Syllabus and safety rules for activities**
**Week 1-Week 2: Intro to Outdoor Activities and Safety**
**Week 3-7 Hiking/Angling, Backpacking, Camping**
**Week 8: Final Exam**

**Course Conduct**: Lecture, lab, field trip activities, etc.

**Course Requirements/Evaluation:** Students will be evaluated on tests, discussion participation, group and individual assigned activities.

Assignments:

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| Five outdoor activities | 100/activity = 500 points |
| Mid-Term Exam | 100 points possible |
| Final Exam | 200 points possible |
| Attendance and participation | 100 points possible |

Grading
90-100% = A
80 - 89% = B
70 - 79% = C
60 - 69% = D
59% or less = F

**Class Procedures/Student Requirements:**

1. Attendance - Be here! Absences will significantly lower your grade. I will be taking weekly attendance. If you do not participate, your grade will reflect it.
2. Tests are to be taken on the date assigned. No test can be taken late. Under extreme circumstances, a test may be given early. I must be notified in writing in order to test early.

3. All assignments must be turned in on time. NO EXCEPTIONS. Any assignment not completed on time will receive a zero.
4. Cell phones should be turned off. Sometimes the instructor will assign you to use the internet in class and you may use your phone to do the assignment.

**Academic Dishonesty**: You are expected to complete your own work in a timely manner. Tutors are available to help you with assignments, but you are responsible for their completion. While academic dishonesty is not conclusively defined in the college catalog, you are expected to be honest in your completion of assignments and tests. Copying another's homework, or allowing yours to be copied will result in a zero for that work. If your answers are so similar as to become suspect, I will notify you in writing. You will be asked to meet with me to discuss the matter further. I may request another instructor or administrator be present at this meeting.

**Disability Policy:** It is the policy of University of Arkansas Rich Mountain to accommodate students with disabilities, pursuant to state and federal law. Any student with a disability who needs accommodations should contact the Vice Chancellor for Student Affairs located in the Tower Room, 394-7622 ext. 1400.

**Arkansas Clean Air Act:** In compliance with the Arkansas Clean Air Act, University of Arkansas Rich Mountain is a smoke and tobacco free facility. Students and guests are to refrain from the use of all tobacco products while on campus.

**Student Misconduct:** Students committing misconduct are subject to disciplinary sanction(s) and or restrictions. Misconduct or prohibited behavior includes, but is not limited to endangerment, harassment, disruption, sexual misconduct, dishonesty, illegal drugs and/or alcohol, fire or safety issues, gambling, property violations, computer violations or other violations as listed in detail in the University of Arkansas Rich Mountain catalog.

**Crime Stats and Information:** Crime stats and information is located under Health and Safety at **http://www.uarichmountain.edu/at-a-glance/disclosures.**

**University of Arkansas Rich Mountain Mission:** University of Arkansas Rich Mountain provides transformative education to all learners.

**Credit Hour Syllabus Statement:** For every course credit hour, the typical student should expect to spend at least three clock hours per week of concentrated attention on course related work, including but not limited to time attending class, as well as out of class time spent reading, reviewing organizing notes, preparing for upcoming quizzes, exams, problem-solving, developing and completing projects, and other activities that enhance learning. Thus, for this one hour course, a typical student should expect to spend at least three hours per week dedicated to the course.

**ADA Statement:** It is the policy of University of Arkansas Rich Mountain to accommodate students with disabilities, pursuant to state and federal law. Any student with a disability who needs accommodations should contact the VC of Student Affairs, Maddox Building, 479-394-7622, ext. 1400.