***Abnormal Psychology***

***PSY 223-IN01 (Online)***

***Spring 2021 Syllabus***

***Prerequisites:*** *General Psychology (PSY203) or permission of instructor*

***Instructor: Gwena Lovett Hooper***

*A.A., Psychology, John A Logan Community College - 2000*

*B.A., Psychology, Southern Illinois University – 2002*

*M.A., Applied Psychology, Southern Illinois University – 2004*

*Teaching experience: Southern Illinois University – 2003-2004*

*University of Arkansas Rich Mountain – Aug. 2004-present*

***Contact Information:***

***Email:*** *ghooper@uarichmountain.edu*

***Telephone*** *479-216-0711* ***Feel free to text me****, especially if you want a quick response, but please include your name and class, or leave a voicemail if there is no answer.*

**Office Hours**: My office is in room **209** in the learning center/library. I am an adjunct instructor, so I do not have official office hours but we can arrange to meet if needed

***Required Materials***

*Textbook: Charles A. Lyons., Martin Barclay. (2014). Abnormal Psychology Clinical and Scientific Perspectives 5th edition).*

***Course Description:*** *This course is designed as an introduction to Abnormal Psychology—the study of psychological problems, dysfunction, and disorder. It will be particularly valuable for those students planning to enter human service careers. Yet, most of us will encounter psychological problems during our life—in ourselves, loved ones, family, or co-workers—so the course should prove valuable to anyone seeking to understand and cope with such problems.*

***Program Outcomes:*** *The general education curriculum provides the means by which* students will increase their:

- (1) writing, reading, speaking, and listening skills,
- (2) analytical skills to solve real-life problems,
- (3) understanding of different cultures and societies across the globe and how both have changed over time,
- (4) technological and research skills
- (5) understanding of basic principles and their application in the field of biological sciences.

***Rationale:*** *An education in abnormal psychology should enable the student to think critically about moral and ethical issues in relationship to individuals within a society. It should also enhance people skills and enable one to have healthier relationships, as well as improving the students' understanding of research and how it applies to individuals and the society in general.*

***Course Objectives:***

- Be familiar with the principal viewpoints or perspectives on psychological problems.
- Be familiar with research methods, particularly their application with respect to diagnostic systems (specifically the DSM 5), as well as the assessment and etiology (cause) of psychological problems.
- Be familiar with the full range of psychological problems.
- Be able to recognize major types of problems, to identify key features, and to predict the course of the problem.
- Recognize the ongoing contribution of empirical research to our understanding of the nature, treatment, and management of psychological problems.

*Course Outline:*

| Units/Exams | Text Chapters | Chapter/*Section* Titles |
|---|---|---|
| **1** | Chapter 1 | Introduction |

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|---|---|---|
| | Chapter 2 | Historical Perspectives |
| | Chapter 3 | Contemporary Frameworks |
| | Chapter 4 | Classification, Diagnosis, and Assessment |
| **2** | Chapter 5 | Stress and Trauma-Related Disorders |
| | Chapter 6 | Anxiety and Obsessive-Compulsive Disorders |
| | Chapter 14 | Eating Disorders |
| **3** | Chapter 7 | Somatic Symptom and Dissociative Disorders |
| | Chapter 9 | Sexual and Gender Disorders |
| **4** | Chapter 8 | Personality Disorders |
| | Chapter 10 | Schizophrenia and Psychotic Disorders |
| **FINAL** | Chapter 11 | Mood Disorders and Suicide |
| | Chapter 13 | Neurodevelopmental and Disruptive Disorders |
| | Chapter 15 (If time allows) | Neurocognitive Disorders |

***Course Conduct:***

*This class is taught strictly online. You will need to carefully read textbook chapters and power point slides; you will also need to explore various web links, watch brief online videos, and participate in online discussions, as well as completing all quizzes, exams, and assignments.*

***Self-discipline, attention to detail, and skills in reading and writing are critical for succeeding in an online class.***

***Computer Skills:*** *Online courses require adequate computer skills. You should be able to navigate websites, open and download files, use a word processor, be able to convert files into rich text format, and submit files to Moodle. It is the student's responsibility to meet the technological demands of the course.* ***You must complete all work using Microsoft Office, specifically Microsoft Word.***

***Student email:*** *Student email accounts are available through the UA Rich Mountain Intranet. If you have difficulties setting up your student email, contact Student Support Services. You may access your account from any computer. Even if you have another email account, part of your first assignment is to set up your student email account; additionally, your UA Rich Mountain student account is the email account that I will use to communicate with you.*

***UA Rich Mountain Credit Hour:*** *Your commitment will require at least as much time as you would dedicate to a traditional class. A typical three credit hour class will require about* ***nine hours per week*** *of your time (more in the summer).*

***Grading and Evaluation:*** *Your final grade will be a weighted composite of quizzes, exams, assignments, discussions, and the semester project; Topic exams and the project will account for 54% of your grade, study guides, homework and notes 20%, discussions 11%, and short quizzes 15%). Due dates for all assignments will be posted online.* ***You*** *must check in regularly/daily to see what assignments have been given and what assignments are due. I* ***will not*** *contact you about missing assignments. I recommend writing due dates in a planner/calendar and taking the exam a few hours or a day early so if you have any technical difficulties you can contact/text me. I can see your attempt, and possibly grade it or delete it for you to finish the exam. I often have more than one topic opened at a time in case you want to work ahead. Please contact me if the exam for the next topic has not been opened online yet and you need to take it early.*

***You will be able to view your exam/quiz grade in Moodle once the exam/quiz is closed.***

NOTE: If you miss an exam, quiz, or assignment I will need to manually enter in a (0) into the "grades" section in Moodle, therefore your grade will not be accurate in Moodle until the (0) has been entered.

(FYI: To figure your grade percentage at any time, you can divide how many points you have by how many points are possible. You can also email me, and I can let you know your present grade.)

***Once your work is graded, I will enter in grades on the student portal, so you can view them there as well as in Moodle. I will report your grade to admissions at 4 weeks, 8 weeks, 12 weeks, and your final grade at 16 weeks.***

*The grading scale for this class is as follows: A = 100 – 90%, B = 89 – 80%, C = 79 – 70%, D = 69 – 60%, F = Below 60%*

***There will be some extra credit possibilities, but the points will only show up on the student portal as Moodle will not allow me to enter in more points than an assignment is worth.***

**Available Tutoring:** You may obtain tutoring from student support services. Additionally, the university has made available 5 hours of free tutoring on tutor.com for every student. At tutor.com you can access a live chat 24/7. A student email is required to log in.

*Section Quizzes and Exams: This course is organized around five main sections/topics with a total of fourteen chapters. There will be at least 5 unit exams this semester. Some of the topics will have a short quiz or quizzes in addition to an exam. Exams and Quizzes will consist of multiple-choice or true/false items based on that topic's lectures, reading assignments, and/or activities. They will be available online in Moodle during the time period when the topic is presented.* ***The exams and quizzes will be timed and may be opened only once. This means that once you open/start the quiz, you will have to complete it in one sitting during the time allotted****. You will be free to use your book or notes during the exam but will not have time to search for answers to all the questions.* ***You should prepare for these exams as you would for a similar exam in the classroom.*** *You also are expected to follow the student code of conduct as outlined in this syllabus.*

***STUDY TIPS:*** *I recommend reading and highlighting the book and power point presentation (print out as handouts, see instructions). You can also take notes over what you read in the book that is not in the power point presentation as you would during a class lecture. Study and learn as much as possible as you would for an "in-class" exam since the exams are timed.*

***Class Discussion:*** *Some sections will have a discussion based on a question presented by the instructor, (if you have an idea for a good discussion topic, please send it to me via email and if approved I can post it as a discussion question for the class, I enjoy receiving students' ideas for discussions. You will receive a maximum of 15 points for postings and responses to other people's postings (reduced credit for superficial postings and responses). You will want to read the Discussion Board Guidelines and Grading Rubric before posting. The discussion is an important and required part of the class. You can access the discussion forum from the class homepage on Moodle.*

**SEMESTER PROJECT:** Create a power point presentation (at least 10 slides) over one of any of the psychological disorders (IN THE DSM V). Include the main s*ymptoms/characteristics, prevalence,*

*presumed causes and possible treatments*. You can use your textbook as a source as well as other valid sources. *Be sure and cite your sources on a slide at the end of the presentation.* Extra credit will be given for exceptional presentations (pictures, graphs, color, etc.)

***Academic Policy & Student Code of Conduct:*** *I encourage you to familiarize yourself with the UA Rich Mountain's policies regarding academic dishonesty. These policies are found in the Catalog/Student Handbook under* ***Code of Student Conduct > Prohibited Conduct > Dishonesty.***

*I have two additional requirements.* ***First,*** *you must do your own work. All papers, quizzes, and exams must be completed by you without assistance beyond what is specifically authorized by me. I expect each student to do his/her own work on assignments and exams. Cheating on an assignment or test will result in a zero (0) for that work. Additionally, all instances of cheating/plagiarism will be reported to the Vice-President for Student Affairs.* ***Second,*** *be respectful of your fellow students. Be kind and considerate in all your postings and responses to the discussion forum.*

***See Something ... Hear Something ... Say Something***

*Suspicious behavior should be reported to the deputy's office at (479)394-6811 OR through an anonymous email link found on the UA Rich Mountain's webpage (uarichmountain.edu), bottom right-hand corner. The deputy sheriff's office is in the Spencer Building across from the library.*

***Students with Disabilities:*** *It is the policy of the UA Rich Mountain to accommodate students with disabilities, pursuant to federal law, state law, and the college's commitment to equal educational opportunities. Any student with a disability who needs accommodation should inform the Vice President for Student Affairs at the beginning of the semester. The student and the Vice President for Student Affairs will contact the faculty member as to the accommodations needed for the course. To contact the Vice President for Student Affairs, call 479.394.7622 ext. 1400.*

***Arkansas Clean Air Act:*** *Effective August 1, 2010, and in compliance with the Arkansas Clean Air on Campus Act 8, UA Rich Mountain is a smoke and tobacco free facility. For details on Act 8, please refer to the Arkansas State Legislature website.*

***Student Misconduct:*** *Students committing misconduct are subject to disciplinary sanction(s) and or restrictions. Misconduct or prohibited behavior includes, but is not limited to endangerment, harassment, disruption, sexual misconduct, dishonesty, illegal drugs and/or alcohol, fire or safety*

*issues, gambling, property violations, computer violations or other violations as listed in detail in the UA Rich Mountain catalog.*

***University of Arkansas Rich Mountain Mission:*** *The University of Arkansas Rich Mountain provides transformative education to all learners.*

***I will post any new class information during the semester under "Latest News" at the top right side of the page.***

- **I reserve the right to change this syllabus at any time with reasonable notice**